



# Ascot Relay For Life

## Team Newsletter

March 2018

### Team Meetings 2018

Team meetings are on the second Wednesday of each month, plus an extra one in July. They start at 7.30pm.

Meetings are held at Ascot Racecourse and we hope that the team captain or one or two people from each team can attend each month.

All meetings will have a main topic, but we will cover general items as well, and have the usual opportunities for you to ask questions or give us your news. Meetings are also a great way of meeting other Relayers and sharing ideas.

### Dates

11 <sup>th</sup> April	Fundraising and Candles of Hope
9 <sup>th</sup> May	Health Awareness Candles of Hope
13 <sup>th</sup> June	Logistics
11 <sup>th</sup> July	Final Detail

### Contact Details

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**Call:** 01344883564 or 07799114868

**Website:** [www.relayforlifeascot.co.uk](http://www.relayforlifeascot.co.uk)

**Facebook:** <https://www.facebook.com/groups/acotrelay2013/>

Hello All, welcome to the March newsletter. Thanks to those of you who came to the March meeting where Veronica, Survivor chair gave a presentation on survivors and their importance to Relay

### Relay Ted

**Ascot Relay Ted is off on his adventures again.**

This year the challenge is not only to take Ted on your travels around the world and photograph him but given our focus this year in children with cancer and Back to School theme, we want you to dress him/her in school uniform and get him/her photographed at as many schools as possible. As last year there will be a prize for best costumed bear and most schools he visits! Ted has his own Facebook page where you can post photos of places your bear visits: <https://www.facebook.com/relayedsadventures/>. Bears are available at team meetings for those teams that don't already have one

## Fundraising Focus

Could you have a decorate and donate session in your office one lunchtime? Provide Candle bags and decorating materials and ask people to pay a donation to decorate and dedicate a bag.

Don't forget to pay in your money to Dave at team meetings

Make sure you set up team and individual fundraising pages – information on how to do this is given when you register.

Share the link with everyone to ask for donations.

The focus of the April meeting is fundraising – come along with some ideas to share

*Let us know about any fundraising your team is doing. We can help promote your events and publish them on the website*

## Tesco Pink Weekend

April 14<sup>th</sup> and 15<sup>th</sup>

Below is the proposed schedule up with so far:- please let Rose know of any changes you need to make and whether you can fill any vacant slots! **01344883564 or 07799114868. Email [rosedalton@btinternet.com](mailto:rosedalton@btinternet.com)**

### WARFIELD

Saturday

9 to 11 Frimley Hallstars  
11 to 1 Scholarly Steppers  
1 to 3. Gleeful Friends

**3 to 5 Michaela's Morphin Rangers**

Sunday

10 to 12 pm Committee (Amanda )  
12 to 2. Pm. Committee  
2 to 4 pm Active Solutions

### MARTINS HERON

Saturday

9 to 11 vacant  
11 to 1 Scholarly Steppers  
1 to 3 Michaela's Morphin  
Rangers

3 to 5 Gleeful Friends

Sunday

10 to 12 vacant  
12 to 2 - Anne Cooper  
2 to. 4 - vacant

### THE MEADOWS

Saturday

9 to 11 Team Tate  
11 to 1 Mixed Bag of Nuts  
1 to 3 The Walkie Talkies  
3 to 5 Frimley Hallstars

Sunday

10 to 12 Mixed Bag of nuts  
12 to 4 Crazy Kids

**BURLESDON/ SOUTHAMPTON**  
and **BASINGSTOKE** confirmed for  
local teams.

**SLOUGH and TAPLOW -**  
Lewis Angels

### DEDWORTH

We have been offered Dedworth,  
but at the moment **don't have**  
teams to cover it. If anyone is  
interested , please let Rose know

## Relay News

### Water

We are trying to become more environmentally aware this year and avoid using plastic bottles which are thrown away and end up in landfill. We will have fresh water on tap and ask everyone to bring their own re-fillable water bottle. We are hoping to get a company to sponsor our own branded water bottles – if you know a company that might be able to help with this please let Rose know.

### Thermal Mugs

We are also looking at getting some more thermal branded mugs for hot drinks. Do you know of a company that might wish to have their name on our branded bottles or mugs who might consider sponsoring them for us?

### Kids and Teens Campaign

It has been confirmed that half of the proceeds from Ascot Relay will go to CRUK Kids and Teens Cancer fund, with CRUK donations generally 83p in every £1 raised goes to research with 17p going in admin and fundraising costs. The kids campaign is sponsored by TK Max and they pay the admin costs meaning every £1 we raise for the children will be fully going into research with no deductible costs – so our contribution this year is very special.

Our young survivor Fraser Corbett spent almost a year in Southampton hospital having cancer treatment and he is the inspiration for us taking this action. His mum Claire is encouraging other children he met on his way at the Hospital to register as survivors and so far, 4 or 5 have signed up. If you know any children who have survived cancer- even if they are young adults now, please encourage them to sign up so we can have a spectacular Opening with the kids leading out the adults this year. We also hope to have a Childhood Cancer scientist at the Relay.

There is a campaign being set up to acknowledge research needed because research and treatment needs to be different for children. The idea is to develop specific and kinder treatment for children with the aim of reducing the death rate that currently stands at 500 a year. She spoke of the research and clinical trial currently being led by Dr Mark Gaze. For neuroblastoma, developing Intensity Modulating Arc Therapy. Further information about this research can be found on the CRUK website: <http://www.cancerresearchuk.org/support-us/donate/kids-and-teens>

### Waitrose green token scheme

Thanks to Walkie Talkies team nominations, it looks like we have Waitrose at Bagshot and Sunningdale for green token scheme. If you have a local Waitrose and want to try and get us on the Scheme, please feel free to pick up one of their nomination cards in store.

### The Million Pound Ball

21 April Berystede Hotel. Tickets are now on sale £55 a ticket or £500 table of ten, this includes a drinks reception, three course dinner and entertainment. Please promote the ball and don't forget to buy your tickets. Contact Dave Dalton 07824 382052 or email [daverelay@yahoo.co.uk](mailto:daverelay@yahoo.co.uk)

## Sign Up Soon

We now have 18 teams registered – or rather we have 18 Team Captains registered and a few members in some of those teams and none in others!! Can you please encourage your team members to sign up ASAP and they can then start fundraising and feeling part of the Relay. Also, can any returning teams sign up as soon as possible, we need to know how many teams and people are taking part to help with our planning.

We do need more teams to take part as many of our regulars are taking a year out after that mega year last year. Many thanks to those of you who have signed up for a team for this year – we literally couldn't do it without you ! Please try and recruit a new team if you can and if you know anyone interested let us know . For each team that recruits and manages to sign up a new team we will have an incentive scheme and credit **£100** of Committee fundraising to your team – what could be easier!

The more teams taking part the more money we can raise, this is a very special year for us as we aim to raise at least £50,000 for children with cancer, what an amazing cause.